

ONE OCEAN

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GIRLFRIEND'S SEASIDE ESCAPE AT ONE OCEAN RESORT HOTEL & SPA 20 PERCENT SAVINGS ON SPA GETAWAY

ATLANTIC BEACH, Fla. – June 23, 2010 – Ladies learn how to truly relax this summer through the **Girlfriend's Seaside Escape** package at The Spa at One Ocean Resort, Northeast Florida's newest beachfront boutique resort, located in Atlantic Beach. Offering a **savings of 20 percent on spa services of the package** while giving friends a chance for true gal-pal time, the ladies-only program is available now through Labor Day Weekend, while providing the option for a pampering stay at One Ocean Resort with rates starting at \$159 per night.

GIRLFRIEND'S SEASIDE ESCAPE PACKAGE THE SPA AT ONE OCEAN RESORT

Three and one-half hour Service for Groups of Two-Six Ladies
\$290 Per Person and includes:
Seashell Massage
Oxygen Facial
Beachcomber Pedicure or Manicure
Framed Keepsake Photo
Scrub and Moisturizer Take-home

Greeted by a fruit and cheese platter with choice of wine or champagne, ladies begin The Spa journey at One Ocean Resort in the floor-to-ceiling ocean view meditative lounge. The treatments starts with a warming *Seashell Massage* using smooth, heated seashells combined with massage techniques to relieve muscle tension and install a sense of calm and wellbeing. Once the body is relaxed, the *Oxygen Facial* is the next service, which uses 87 different vitamins, minerals and enzymes combined with live oxygen to create the most restorative treatment for all skin types. To top off the head-to-toe experience, a *Beachcomber Pedicure or Manicure* is customized to each girlfriend using seasonal ingredients for the scrub and moisturizer, which are included in a parting gift to continue the indulgence at home. To make sure the ladies' getaway is remembered properly, a framed photo of the group enjoying the day is provided for each upon departure.

As the only full-service oceanfront spa in Northeast Florida, The Spa at One Ocean Resort touts more than 40 marine-inspired rituals comprised of specialty treatments, while creating unique massage styles, body wraps, peels, facials and more. The eight treatment rooms, named after the lifespan of a sea turtle, include vichy room, pampering salon, private oceanfront VIP suites, with in-room Swedish steam showers, perfect for the Girlfriend's Seaside Escape.

The Spa offers a complimentary Juice Bar with light snacks, refreshing water, soothing hot teas and a flavorful smoothie-of-the-day made with only fresh fruit and no sugar added. Guests wishing to linger a little longer may order from the Spa Lunch Menu, available in the meditation room or VIP suites. From dishes inspired by modern macrobiotic principals to true comfort foods, the menu features something for everyone.

Azurea, the signature restaurant of One Ocean Resort has established its own food and wine personality, creating a culture of passion and seeking perfection. True to its coastal surroundings, providing an elegant, artfully inspired atmosphere, where a view of the ocean is accessible from any seat in the house, Azurea is under the direction of highly acclaimed Executive Chef Ted Peters.

**IMAGES AND MEDIA INFORMATION AVAILABLE
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The 193 rooms and stylish suites at One Ocean Resort are all adorned with One Ocean Docents, which serve as individualized intuitive hosts. Acting as a private concierge for seamless check-in, bypassing the front desk, packing and unpacking and steaming clothing, stocking amenity cabinets and providing delivery of hot beverages of choice each morning, the Docents take care of any guest need.

Managed by The Gallery, a collection of luxury resorts by Remington Hotels, One Ocean Resort is only 25 miles from Jacksonville International Airport and nestled directly across from the picturesque Beaches Town Center, luring guests in with its cobblestone streets featuring an eclectic mix of shops, restaurants, art galleries, ice-cream parlors and nightlife options.

To reserve a *Girlfriend's Seaside Escape* package at The Spa at One Ocean Resort, call (904) 249-7402 or for more information visit www.oneoceanresort.com or find us on Twitter and Face Book.

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