

# ONE OCEAN

REMINGTON

## **ONE OCEAN RESORT MEDITERRANEAN COOKING CLASS BEYOND COOKING BASICS...CULINARY EXPERIENCE & EDUCATION AT AZUREA**

ATLANTIC BEACH, Fla. – July 15, 2010 – For the first time ever, renowned executive chef, Ted Peters of One Ocean Resort -- Northeast Florida's newest beachfront boutique resort, located in Atlantic Beach -- is sharing a few of his culinary secrets with a Mediterranean Cooking Series, Sunday, August 15, 2010. Foodies enjoy the interactive class for \$60 per person with 11 other cooking enthusiasts.

Beginning at 1:00 p.m., food connoisseurs are greeted with champagne and canapés while they meet the chef and staff and hear the course of events for the class. After receiving an apron, hat and menu packet, chef Peters begins to help others master the art of a summer meal made of Mediterranean ingredients. By highlighting the flavors, philosophies, histories, uses and where they are available, the ingredients are introduced. The menu design and balance with recipe execution and timeline follows, sharing techniques and teaching hands-on skills while emphasizing the understanding of light, healthy Mediterranean flavors and cooking.

Once the four-course meal is prepared, future chef's enjoy wine pairings with each course to further aid in understanding and ultimately hosting a well-planned and delicious summer Mediterranean meal. The afternoon is wrapped up with a take-home of a chef's jacket and apron along with the day's cooking creations at 3:00 p.m.

With 17 years of experience in the fine dining industry, Chef Peters is a gourmet-cuisine veteran of international repute. He has made a name for himself hosting renowned wine festivals, appearing on distinguished committees and judging panels, as well as immersing himself in local charities. Most recently he was invited to cook at the prestigious James Beard House in NYC.

"We are truly excited to be able to engage guests by sharing knowledge that will allow them to appreciate even more Mediterranean-style cooking," says Ted Peters, executive chef of One Ocean Resort & Spa.

Azurea, the signature restaurant of One Ocean Resort has established its own food and wine personality, creating a culture of passion and seeking perfection. True to its coastal surroundings, providing an elegant, artfully inspired atmosphere, Azurea offers a view of the ocean from any seat in the house.

The 193 rooms and stylish suites at One Ocean Resort are all adorned with One Ocean Docents, which serve as individualized intuitive hosts. Acting as a private concierge for seamless check-in, bypassing the front desk, packing and unpacking and steaming clothing, stocking amenity cabinets and providing delivery of hot beverages of choice each morning, the Docents take care of any guest need.

Managed by The Gallery, a collection of luxury resorts by Remington Hotels, the 193-room One Ocean Resort is only 25 miles from Jacksonville International Airport and nestled directly across from the picturesque Beaches Town Center, luring guests in with its cobblestone streets featuring an eclectic mix of shops, restaurants, art galleries, ice-cream parlors and nightlife options.

To reserve a place in the Mediterranean Cooking Series by Chef Ted Peter's of Azurea at One Ocean Resort, call (904) 249-7402 or for more information visit [www.oneoceanresort.com](http://www.oneoceanresort.com) or find us on Twitter and Face Book.

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